

SAFETY & MINDFULNESS

Headwaters, a nationwide US construction company is taking employee safety to a new level. Research shows that most work incidents happen due to lack of focus or situational awareness. Headwaters addresses the issue by implementing mindfulness training for leadership and employees to create a culture of mindful situational awareness. In partnership with Potential Project, specialists in utilizing mindfulness for safety, Headwaters train their staff to avoid incidents with potential human or environmental implications.



“In operating big machinery, the risk of incidents will always be there. But mindfulness, combined with standard safety procedures takes safety to another level. Safety is a core value for us. With Potential Project we use mindfulness to enhance situational awareness which is absolutely vital in a safe environment. We are creating situational awareness subcommittees at each site, to utilize mindfulness and improve the safety of our people.

Kirk Benson, CEO of Headwaters

